

Bereavement Support Therapies

COVID-19: Online Bereavement Services

As we move into the most acute period of the COVID-19 pandemic, Wellbeing Solutions Management (WSM) has developed new video conferencing bereavement counselling support services.

In the coming weeks, thousands of people will face the sudden and unexpected loss of a loved one, a close friend or a well-known colleague. Our UK-wide team of specialist clinicians, who all have training and experience in supporting people experiencing loss, will all be standing by to offer additional bereavement support at this very challenging time.

One-on-One Bereavement Counselling

- One-on-one bereavement counselling is a core feature of WSM's EAP.
 - Your EAP remains fully active and is here to support your employees who call.
- **Delivery:** A video conferencing call, normally Zoom (unless a phone call is preferred).
 - **Duration:** 1-hour counselling session.
 - **Cost:** Included within your core EAP package.

Family Group Counselling Bereavement Therapy

- An especially harrowing feature of COVID-19 caused deaths is that in most cases the victim dies alone, without being surrounded by family and loved ones.
 - Not being able to "say goodbye" is especially painful.
 - For families affected in this way, we offer a family-wide group online video conferencing bereavement counselling therapy session.
 - These group family sessions are for up to 10 people.
 - These sessions are delivered by our most highly qualified and specialist bereavement counsellors.
 - There is an option of deploying one or two counsellors. The benefit of a second counsellor is their ability to leave the main call and support people who may become very upset and leave the call half-way through.
- **Delivery:** A video conferencing group call, normally Zoom.
 - **Duration:** 1½ hour counselling session (plus a ½ hour briefing call with the session co-ordinator).
 - **Cost:** £480.00 per group counselling session – where one therapist is on the call.
£780.00 per group counselling session – where two therapists are used.

Colleague Group Counselling Bereavement Therapy

- Close-knit teams of work colleagues may experience the loss of a co-worker at this time.
 - For teams of colleagues affected in this way, we offer a colleague group online video conferencing bereavement therapy session.
 - These group sessions are for up to 10 staff members.
 - These sessions are delivered by our most highly qualified and specialist bereavement counsellors.
 - There is an option of deploying one or two counsellors. The benefit of a second counsellor is their ability to leave the main call and support people who may become very upset and leave the call half-way through.
- **Delivery:** Provided as a video conferencing group call.
 - **Duration:** 1½ hour counselling session (plus a ½ hour briefing call with the co-ordinating manager).
 - **Cost:** £480.00 per group counselling session – where one therapist is on the call.
£780.00 per group counselling session – where two therapists are used.

Wellbeing Solutions Management

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